

Is your child showing signs of delinquent behaviour? Remember that as a parent you can do something to help. Establish **clear rules** at home and make them stick. Know who your child's friends are. Find out what they do and where they go. **Work with teachers and the school's administration** to keep tabs on your child's performance.

Communication is vital. Find ways to show how important your child is to you. If disciplinary measures become necessary, focus on the inappropriate behaviour, not his or her personality. For most teens, committing delinquent acts is only a temporary phase they go through in their attempt to establish their own identity. If they get the support they need, **they will eventually come around** and once again behave in a way that shows respect for others.

Remember, **you're not alone!** Many organizations offer **free resources** to parents dealing with their youngsters' problematic behaviour. **Break the silence** and take advantage of the services to talk about what you're experiencing and get help.

Your Child Is Important

The Montréal Police Service (SPVM) places a great deal of importance on young people and organizes a wide range of youth-oriented activities focussing on three primary objectives: education, prevention and support.

Beaux, Jeunes et Forts



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Your Child Is Important

Has your child been involved in an incident that has required police intervention? Has he or she been exhibiting delinquent behaviour or been the victim of it? Either way, **your child is important to us!**



Resources

The following organizations can provide you with information and support

If your teen has encountered any form of **violence**, (bullying, assault, threats, etc.), **don't ignore it**. If he or she talks to you about being a victim, listen carefully. Speak up about it, **lodge a complaint to the police** and notify school authorities, if necessary. You can also **provide information anonymously** by calling Info-Crime Montréal at 514 393-1133.

When youths are exposed to **intimidation and coercion**—through gangs or otherwise—there is an increased **risk** that they will adopt aggressive or criminal behaviour to protect themselves. As a result, **they are vulnerable** to being drawn into a **gang lifestyle**, which in turn can lead to delinquency and crime.

Information and Referral Centre of Greater Montréal **514 527-1375**

Free service providing information about and referrals to community resources available in Greater Montréal.

Your local CLSC **www.clsc-chsld.qc.ca**

Routine, preventive and therapeutic health care and social services (nurses, social workers, psychologists, special educators, etc.).

To find out which CLSC serves your neighbourhood, go to Internet or call the Agence de la santé et des services sociaux de Montréal, Service des relations avec la population, at 514 286-5615.

Parents anonymes **514 288-5555**

Free, confidential and professional help line for parents; a complementary service to Tel-jeunes (1 800 263-2266). Available 24 hours a day, 7 days a week.

Parents en marge de la rue **514 849-5632**

Support for parents whose children are involved in street-life-related situations (running away, prostitution, etc.).

Direction de la protection de la jeunesse (services in French) **514 896-3100**

Filing and processing of reports. Assessment and referral services. 24 hours a day, 7 days a week.

Batshaw Youth and Family Centres (services in English) **514 935-6196**

Filing and processing of reports. Assessment and referral services. 24 hours a day, 7 days a week.

Neighbourhood police station **514 280-04XX**

Socio-community officer

Tips, tools and referrals addressing youth-related issues and resources.

The last two digits are the number of your neighbourhood police station. To know which station to contact, or to visit the Youth section of our Web site, go to www.spvm.qc.ca

Other organizations

